Session 9:
Recommendations

ACTIVITIES:
Group exercise to develop recommendations and discussion.

SESSION OBJECTIVES:
- to identify and develop key recommendations for organisations and movements on specific aspects of safety and well-being of women human rights defenders.

ADAPTATION NOTES:
one
**EXERCISE:**

**TIME:** 60 MIN

**REQUIRED MATERIALS:** FLIPCHART PAPER AND MARKER PENS.

**SUMMARY:**
An exercise to pull together detailed recommendations on the integrated security priorities of workshop participants for organisations, movements and supporting bodies.

**KEY EXPLANATION POINTS:**

- begin with a brainstorm on specific priority themes that participants want to develop to take back to their organisations and movements;
- break into groups of four (three if there is enough time) and develop the recommendations from the brainstorm into specific steps that should be taken to implement them; and
- take each step, and answer each of the following questions:
  1. What can you/your organisation do to implement this recommendation step?
  2. What can your network/movement do to implement this recommendation step?
  3. What can international organisations do to implement this recommendation step?
# Recommendations

**Workshop Example:**

**Recommendation:** Address the threat of sexual and gender-based violence against women human rights defenders in the region.

<table>
<thead>
<tr>
<th>Recommendation steps</th>
<th>What can you or your organisation do to implement the recommendation?</th>
<th>What can your network/movement do to implement the recommendation?</th>
<th>What can international organisations do to implement the recommendation?</th>
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</thead>
<tbody>
<tr>
<td><strong>Prevention (before)</strong></td>
<td>• Self-defence training (physical and legal preparation)</td>
<td>• Organise training; conduct a needs assessment; choose trainers; select locations; prepare modules</td>
<td>• Exchange of experience</td>
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<td>• Legal preparation</td>
<td>• Information meetings, booklets, pamphlets, menstrual calendars (with information on the back), television and radio programmes, work with the media</td>
<td>• Participation in trainings</td>
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<td>• Information on the laws protecting victims of violence</td>
<td>• Preparation and dissemination of information</td>
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<td><strong>In case of an attack (immediate response)</strong></td>
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<td>• Activate human rights network, support group, hospital</td>
<td>• Legal support (contact a pro bono lawyer)</td>
<td>• Provide information</td>
<td>• Moral support</td>
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<td>• Acquire information on hotlines</td>
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<td>• Rapid response</td>
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<td><strong>After an attack</strong></td>
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<tr>
<td>• Gather all evidence/documentation to bring to court</td>
<td>• Lawyers for defence</td>
<td>• Moral support</td>
<td>• Help to influence court decision</td>
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<td></td>
<td>• Psychological support</td>
<td>• Psycho-social Rehabilitation</td>
<td>• Support rehabilitation process</td>
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<td>Rehabilitation for the family</td>
<td>Visits to the activists’ family (to give psychological and moral support)</td>
<td>Provide bulletins on legal protection to violence survivors</td>
<td>• Prevention funds for lawyers and social workers etc.</td>
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