Session 6: Developing Sustainable Strategies and Tactics/Understanding Strategies

Time: 210 minutes

Activities:
- Strategies presentation and reactions; and
- Strategies exercise and group discussion.

Session Objectives:
- to present an overview of the range of strategies used by women human rights defenders around the world;
- to identify and discuss the strategies that participants are employing to protect themselves;
- to introduce some of the elements behind strategy development (understanding how to analyse and choose appropriate strategies); and
- to support participants in developing and assessing strategies for responding to their priority challenges and threats.
**Strategies Presentation**

**EXERCISE:**

**TIME:** 30 MIN

**REQUIRED MATERIALS:** NONE

**FORMAT:** PRESENTATION

**SUMMARY:**

This is an overview of different examples of strategies, and the elements of strategies. The facilitators provide some examples of strategies utilised around the world, and ones that have been highlighted by the participants.

**KEY EXPLANATION POINTS:**

Notes for facilitators:

- Refer to the section in the introduction of the manual on ‘recognising strategies’ for more points on strategies.

- This presentation includes some ‘set’ points on strategies, but it is important that one integrates here the strategies and examples that emerged naturally during Day One discussions – even though we do not specifically talk about strategies on Day One, they will come up throughout the day. In addition, we may not have considered all the different things participants were doing as ‘strategies’.

- Reinforce the fact that no judgements are made about strategies, and that there are different sides to them. They have strengths and weaknesses. What works in one context does not in another; what does not work at one point in time may be worth trying at another point.

- Allow the group to respond to the presentation on strategies. Brainstorm on various strategies that activists use to stay well and safe, because this is also an opportunity for them to share their own strategies. Emphasise repeatedly the private side if it is not emerging enough. Summarise, and move to group work after a break.
## Developing Strategies

**Time:** 30–60 min  
**Required Materials:** Flipchart paper and marker pens.

**Summary:**  
This is an exercise to work on individual participant’s priority threats and challenges – to develop and analyse potential response strategies.

**Key Explanation Points:**
1. Facilitators divide participants into groups.
2. Each person returns to the two current threats they are dealing with (and worked through in the previous risk and threat assessment exercise: one private, one public).
3. Then they list the current strategies they are using and potential strategies to deal with these problems, as well as their allies and what they are missing.
4. If there is time, or in a later exercise, ask participants to assess the advantages and disadvantages of each of their strategies (or to select one or two key strategies that emerge).

**Facilitation Notes:**
While participants will list two different threats, the strategies (as well as the capacities, allies and missing elements) may apply to both threats.  

The important part of this exercise is the process of group work – as participants work through each other’s threats and strategies together, they will really support one another in thinking them through.