

Day One

– *Introductions, Integrated Security, Challenges and Threats*

Sessions:

Session 1:

Opening

Session 2:

Introductions and Expectations

Session 3:

Integrated Security: The Conceptual Framework

Session 4:

Understanding and Assessing Challenges and Threats in Context

Aims:

For the Facilitators, Day One is Critical for:

- creating a safe, respectful space;
- assessing the priorities of individual participants and group dynamics; and
- conceptual grounding.

The evening of the first day is a key opportunity to adjust and adapt planned Day Two sessions to priority themes and group dynamics that have emerged.

For the Participants, Day One is:

- a *transition* from their daily lives to a safe, comfortable space where they can focus on their own needs;
- a day of *release*, when they are given the space, time and respect to tell their stories – often, for the first time in their lives; and
- an *introduction* to new and challenging concepts of security, which take time to absorb in context.

